FORT LAUDERDALE AQUATICS

Winter Break Schedule *(December 19, 2011-January 14, 2012)*

PLEASE NOTE: SCHEDULE SUBJECT TO CHANGE

CRO Croissant Park — **1800 SW 4th Avenue (behind south side of School)**
FLAC Ft Lauderdale Aquatic Complex (home) — **501 Seabreeze Blvd.**

Red & Future Stars Teams:

12/19-23	Mon-Fri	Regular practice FS
	Mon-Fri	Regular practice Red
	***** All at FLAC *****	
12/26-1/1	**NO PRACTICE**	
1/2-1/12	Mon-Thu	Regular practice FS
	Mon-Thu	4:00 & 5:00 p.m. Red
	***** All at Croissant Park *****	
1/6 & 1/13	Friday	Regular practice FS/R
	*****Fridays at FLAC*****	

Blue & White Teams:

12/19-23	Mon-Fri	Regular practice FLAC	
12/26-30	Mon-Fri	4:00-5:30pm	FLAC
12/31	Sat	TBA	FLAC
1/2-1/13	Mon-Fri	4:00-5:30pm	FLAC
1/7 & 1/14	Sat	8:30-10:30am (with Dryland)	FLAC
	*****All at FLAC*****		

Advanced Age Group Team:

12/20; 22;24	Tue/Thu/Sat	8:00-10:00am	FLAC
12/19-23	Mon-Fri	4:00-6:00pm	FLAC
12/26-31	Tue/Thu/Sat	8:00-10:00am	FLAC
12/26-30	Mon-Fri	4:00-6:00pm	FLAC
1/2-1/6	Mon-Fri	Regular practice	FLAC
1/7	Sat	6:00-8:00am	FLAC
1/9-1/13	Mon-Fri	Regular practice	FLAC
1/14	Sat	TBA	FLAC

Senior Team:

12/19-24	Mon-Sat	8:00-10:00am	FLAC
12/19-23	Mon-Fri	4:00-6:00p.m.	FLAC
12/26-31	Mon-Sat	8:00-10:00am	FLAC
12/26-30	Mon-Fri	4:00-6:00pm	FLAC
1/2-6	Tue/Fri	5:00-6:30am	FLAC
1/2-6	Mon-Fri	3:15-6:00pm	FLAC
1/7	Sat	6:00-8:00am	FLAC
1/9-13	Tue/Fri	5:00-6:30am	FLAC
1/9-13	Mon-Fri	3:15-6:00pm	FLAC
1/14	Sat	TBA	FLAC

Nat'l/Nat'l Development Team:

12/19-24	Mon-Sat	8:00-10:00am	FLAC
12/19-23	Mon-Fri	4:00-6:00pm	FLAC
12/26-31	Mon-Sat	8:00-10:00am	FLAC
12/26-30	Mon-Fri	4:00-6:00pm	FLAC
1/2-6	Tue/Wed/Fri	5:00-6:30am	FLAC
1/2-6	Mon-Fri	3:15-6:00pm	FLAC
1/7	Sat	6:00-8:00am	FLAC
1/9-13	Tue/Wed/Fri	5:00-6:30am	FLAC
1/9-13	Mon-Fri	3:15-6:00pm	FLAC
1/14	Sat	TBA	FLAC

Masters Team:

12/19-23	Mon-Fri	Regular practice	FLAC
12/24	Sat	Regular practice	FLAC
12/26-30	Tues-Fri	6:00-7:00am	FLAC
	Mon-Fri	7:00-8:00am	FLAC
	Mon	9:00-10:00am	FLAC
	Tues-Fri	12:00-1:00pm	CRO
	Tues-Fri	6:15-7:15pm	FLAC
1/2-1/6	Mon-Fri	6:00-7:00am	FLAC
	Mon-Sat	7:00-8:00am	FLAC
	Mon-Fri	12:00-1:00pm	CRO
	Mon-Fri	6:15-7:15pm	FLAC
1/7	Sat	7:00-8:00am	FLAC

Normal practice schedules resumes on Tuesday, January 17, 2012
(FS; Red; White; Blue & AAG NO practice on Mon., Jan. 16th=MLK Day)

SCHEDULES SUBJECT TO CHANGE